

Summer 2020

July & August

Horses • Nature • Garden • Fitness

Join us for a special family experience. Our non-riding program uses the entire farm – horses, goats, pigs, chickens, natural trails and vegetable garden – and is open to all family members. An instructor will act as your guide for your semiprivate*, individualized time on our accessible farm.

Example Activities: (you choose each visit)

- Horse grooming, lead walking, rider fitness
- Make & take vegetables/herbs, garden education, garden bingo
- Farm fitness including obstacle course, stick "derby", mat yoga
- Scavenger hunts, bug-watching, wildflower arranging
- Gentle horse yoga, mindfulness walks, horse herd observation

Registration Process

1. Select a day and time online (ponypowernj.org) and choose two activities for your first visit.

You can sign up for a single visit or schedule time at the farm for all 6 weeks, or anything in between.

- 2. Receive an email confirmation once online payment is processed.
- 3. Complete the liability and COVID-19 acknowledgment forms online for each member of your family.

4. Receive a text the day before your visit with parking and other pertinent information.

FAQs

COVID-19 Safety Protocols Required for ALL Participants: Wearing a face mask/covering; maintaining at least 6-foot distance from anyone not in your family; completing a verbal COVID-19 symptom/exposure survey on the day of each visit; contactless temperature checks on arrival at the farm; frequent handwashing. **Clothing:** All participants must wear closed-toe shoes and long pants are highly recommended.

Inclement Weather: Pony Power's program will run rain or shine. **Makeups:** Will be offered in open time spots throughout the summer semester and the weeks of August 24-28 and August 31-Septmeber 4. We will offer you a maximum of two makeup options. Summer makeups will not be held after September 4.

About Pony Power

Pony Power Therapies is a non-profit organization that uses horses and an accessible farm to enhance the physical, social and emotional well-being of children and adults who need extra support.



PROGRAM HOURS

July 1 & 2, July 6 – August 23, 2020 Monday-Friday, 9 a.m. – 7 p.m. Saturday-Sunday, 9 a.m. – 2 p.m.

AGES

ALL

FEES

\$85 for 50 minutesFarm visits are booked on the hour.*Only two families (who will not interact) will be scheduled for any one hour.

WHERE

Pony Power Therapies 1170 Ramapo Valley Road Mahwah, NJ 07430



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